## WHAT IS RIFLE TEAM?

Rifle Team is a GHSA Varsity sport which follows the 3-position Air Rifle Shooting Competition Rules and Regulations. Competitors fire at targets at a distance of 10-meters in three different positions, prone, standing and kneeling.



RIFLE TEAM IS A
ELITE TEAM OF
ONLY 8-10
PEOPLE. DO YOU
HAVE WHAT IT
TAKES?





EARN YOUR
VARSITY LETTER
ON RIFLE TEAM

SOUTH
PAULDING
HIGH SCHOOL
RIFLE TEAM



## **TEAM SPORT**

Rifle Team is a team sport winning or lossing depends on how everyone shoots collectivly as a team. Your score is added up with the other shooters on your team creating a final score

## OFFICIAL GHSA SPORT

Rifle Team is a GHSA sport which means you are NOT required to be in JROTC to be able to join. Rifle Team is a co-ed sport, guys and girls are on the same team working together

## MENTAL CHALLENGE

Rifle Team is extremly
competitive, not just with other
teams but with yourself. Your
biggest enemy is yourself. Rifle
Team will test your visual
activity, cordination, and control
of your body functions such as,
breath control, relaxation, sight,
and mental concentration. You
truly decide how well your team
does.

